



Peace

Gary Oliver | Matt Musgrave

FATHER

ROOT & FRUIT

FATHER | SON

ROOT & FRUIT

FATHER

SON

HOLY GHOST

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FATHER | SON

HOLY GHOST



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FATHER

SON

HOLY GHOST

But I tell you the truth, it is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I go, I will send Him to you.

John 16:7 (NASB)

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John 16:7 (NASB)

SON

Disciples: "When are you coming back?"

Jesus: "It's none of your business... but you'll receive the Holy Spirit and reflect me to others."

Acts 1:6-8 (paraphrase)

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WHAT DOES THE HOLY SPIRIT ACTUALLY DO?

He **helps** us (John 16:7).

He **guides** us (John 16:13).

He **teaches** us (John 14:26).

He **reveals Christ** to us (1 Cor 2:10).

He **comforts** us (Acts 9:31).

He **fills and empowers** us (Acts 4:31).

He **strengthens** us (Eph 3:16).

He **prays / intercedes** for us (Rom 8:26).

He brings **joy** (1 Thess 1:6).

He **transforms** us (2 Cor 3:18).

He **renews** us (Titus 3:5).

He **sanctifies** us (2 Thess 2:13).

He **gives us gifts** (1 Cor 12:8-10).

He **produces fruit** in us (Gal 5:22-23).

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HOLY SPIRIT

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WHAT IS PEACE?

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Definition – "Peace is the possession of adequate resources." (George H. Morrison)

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Opposite – Anxiety > Worry > Fear

Anxiety is SO spiritually, emotionally, relationally, and physically damaging and toxic that the command **NOT** to be afraid or anxious or fearful is the **most frequently repeated command in the Bible**. Worry / anxiety can cut us off from the "flow" of the Holy Spirit more than almost anything else in our life.

WHAT IS PEACE?

Counterfeit – Indifference > Apathy > Numbness

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God defines peace by the **PRESENCE** of something.

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The world defines peace by **ABSENCE** of something

God defines peace by the **PRESENCE** of something.

"Biblical peace – what we experience when we are living in the flow of the Holy Spirit – is the settled conviction at the core of our being that all things are in God's hands."

(John Ortberg)

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WHAT IS PEACE?

Definition – "Peace is the possession of adequate resources." (George H. Morrison)

Opposite – Anxiety > Worry > Fear

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HOW DO WE GET PEACE?

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PEACE does NOT simply happen to us. We have to CHOOSE **PEACE** and keep choosing it every day. It is a choice based on the knowledge that we belong to God and have found in God our refuge and our safety, and that nothing – not even death – can take God away from us.

PEACE is the experience of knowing that you are unconditionally loved and that nothing – sickness, failure, emotional distress, oppression, war, or even death – can take that love away.

Adapted from Henri Nouwen

The Holy Spirit wants to help you cultivate the Holy Habit
of the Spiritual Discipline of Choosing Peace.

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PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #1 – Pause

Verse 6a – Don't worry about anything.

When did I worry?

What did I worry about?

How did my worry help me feel better?

Why would I want to continue doing something
that only makes things worse?

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #1 – Pause

Verse 6a – Don't worry about anything.

CHOICE #2 – Praise / Rejoice

Verse 4 – Rejoice in the Lord always.

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #1 – Pause

Verse 6a – Don't worry about anything.

CHOICE #2 – Praise / Rejoice

Verse 4 – Rejoice in the Lord always.

CHOICE #3 – Pray

Verse 6b – Take your requests to God.

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #4 – Take the perspective of the PROMISES

Verse 8 – Whatever is... let your mind **DWELL**...

You keep him in perfect peace whose mind is stayed [**FIXED**] on you, because he trusts in you.

Isaiah 26:3 (ESV)

SET your minds on things that are above...

Colossians 3:2 (ESV)

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #4 – Take the perspective of the PROMISES

Verse 8 – Whatever is... let your mind DWELL...

When we loose our perspective... we lose our peace... we begin to question...

WHY?

WHAT IF?

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WHAT IF?

We don't live on answers to questions, we live on PROMISES.

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CHOICE #4 – Take the perspective of the PROMISES

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God's Promises = God's "Peace Preserver"

Isaiah 26:3-4

Psalms 4:8

Psalms 37:1-9

Proverbs 3:5-6

Matthew 6:33

Romans 8:28

Romans 8:37

2 Corinthians 12:9-10

Ephesians 3:20-21

Philippians 4:13

Philippians 4:19

1 Peter 5:7

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #4 – Take the perspective of the PROMISES

Verse 8 – Whatever is... let your mind DWELL...

Let's start YOUR "Personal Peace Preserver."

Front side – Philippians 4:19

Back side – "And my God will supply ALL your needs according to the riches of his glory in Christ Jesus."

PHILIPPIANS 4:4-9 – CHOOSING GOD'S "PEACE PRESERVER"

CHOICE #5 – Practice

Verse 9 – Put it into PRACTICE, or "just do it!"

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CHOICE #6 – Experience His Peace

Verse 7 – Peace that passes all understanding will guard your hearts and minds...

SO HOW CAN I CHOOSE PEACE? – PHILIPPIANS 4:4-9

- *Pause*
- *Praise*
- *Pray*
- *Promises* (Peace Preserver)
- *Practice* (Cultivate the Holy Habit)

Peace