



celebrate **recovery**

R E C O V E R Y

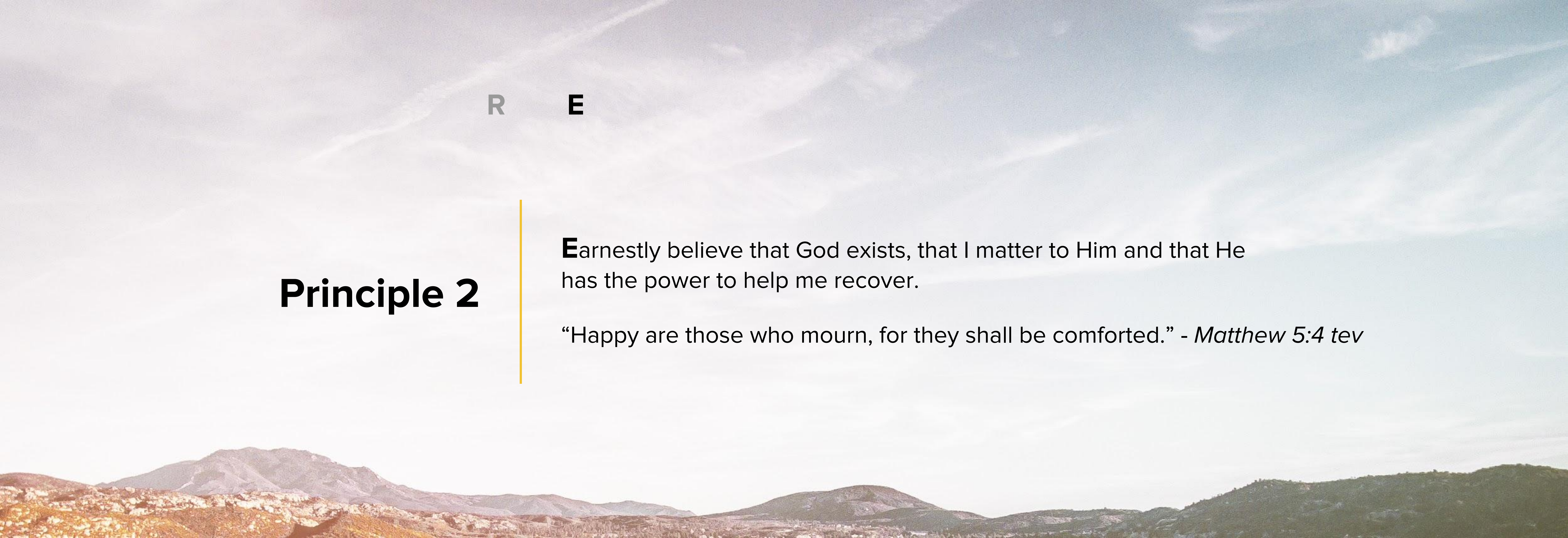


R

Principle 1

Rrealize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

“Happy are those who know that they are spiritually poor.” - *Matthew 5:3a tev*



R E

Principle 2

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.

“Happy are those who mourn, for they shall be comforted.” - *Matthew 5:4 tev*

R E C

Principle 3

Consciously choose to commit all my life and will to Christ's care and control.

“Happy are the meek.” - *Matthew 5:5a tev*

R E C O

Principle 4

Openly examine and confess my faults to myself, to God, and to someone I trust.

“Happy are the pure in heart.” - *Matthew 5:8a tev*

R E C O V

Principle 5

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.

“Happy are those whose greatest desire is to do what God requires.”
- *Matthew 5:6a tev*

R E C O V E

Principle 6

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

“Happy are the merciful.” - *Matthew 5:7a tev*

“Happy are the peacemakers.” - *Matthew 5:9 tev*

R E C O V E R

Principle 7

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

R E C O V E R Y

Principle 8

Yield myself to God to be used to bring this Good News to others,
both by my example and my words.

“Happy are those who are persecuted because they do what God requires.”
- *Matthew 5:10 tev*

R E C O V E R Y

Principle 1 & 2

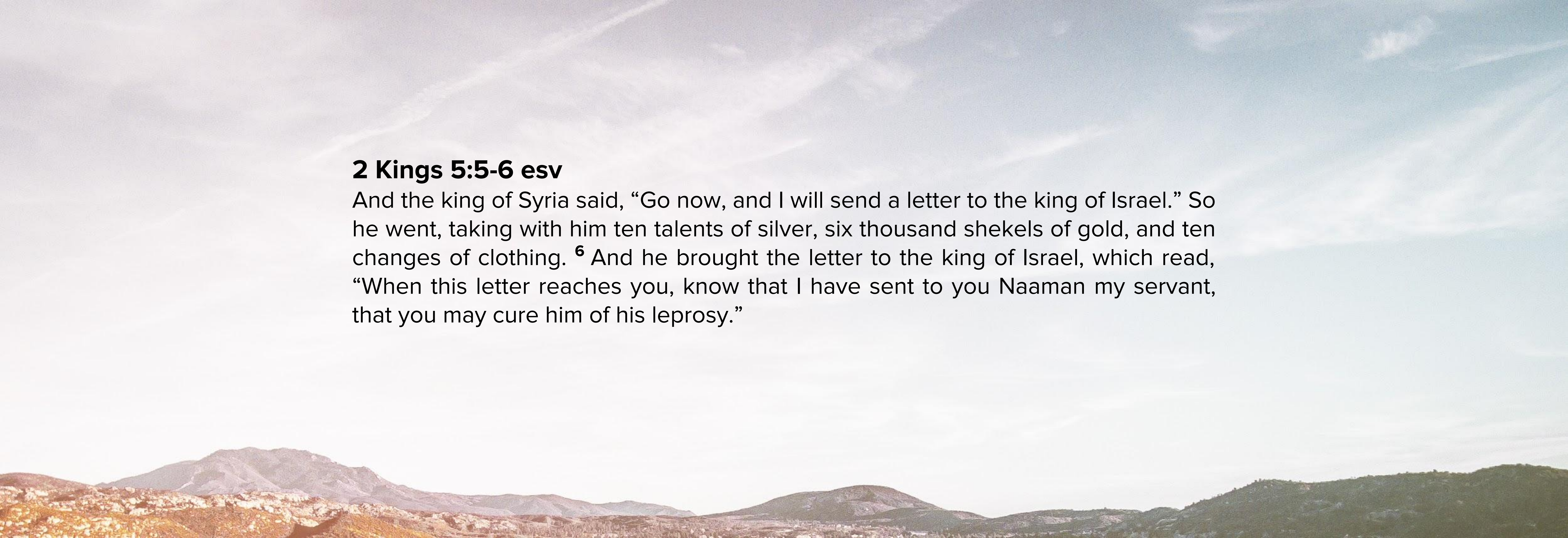
Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.



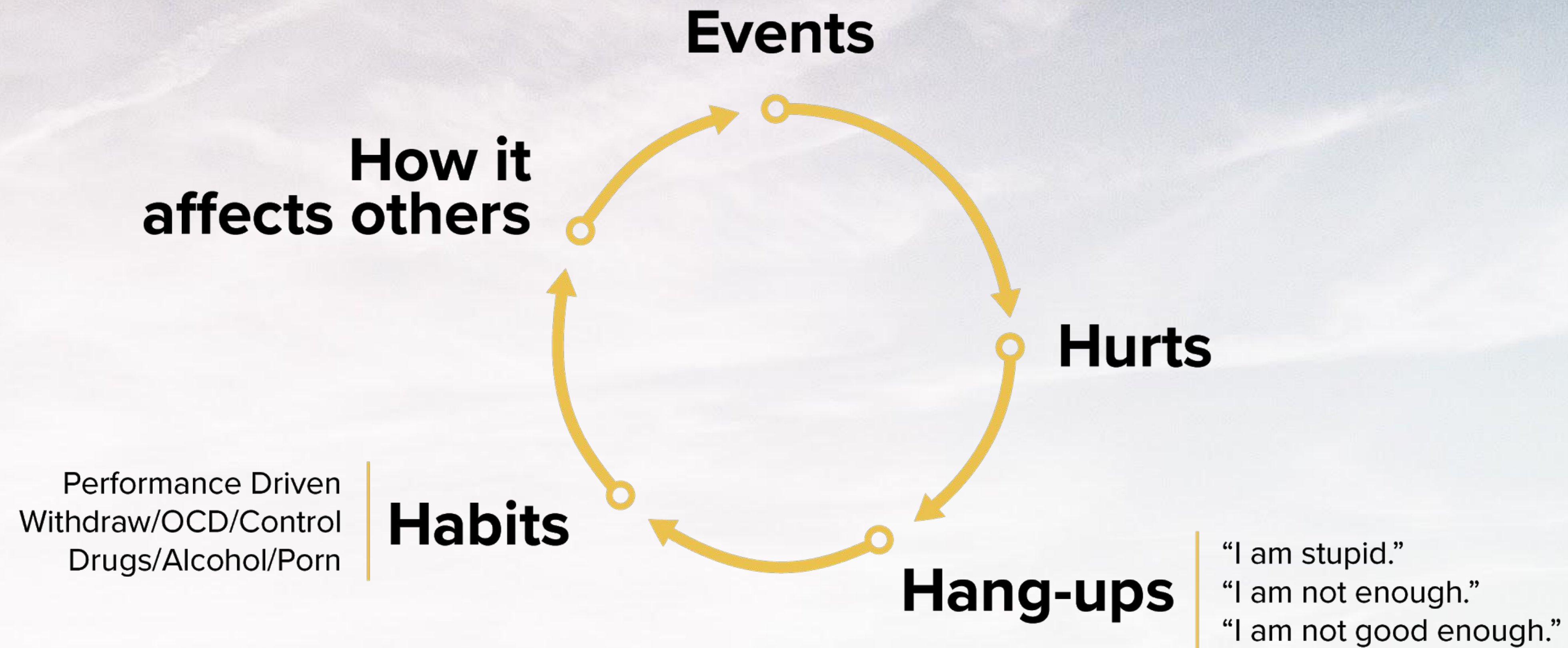
2 Kings 5:1-4 esv

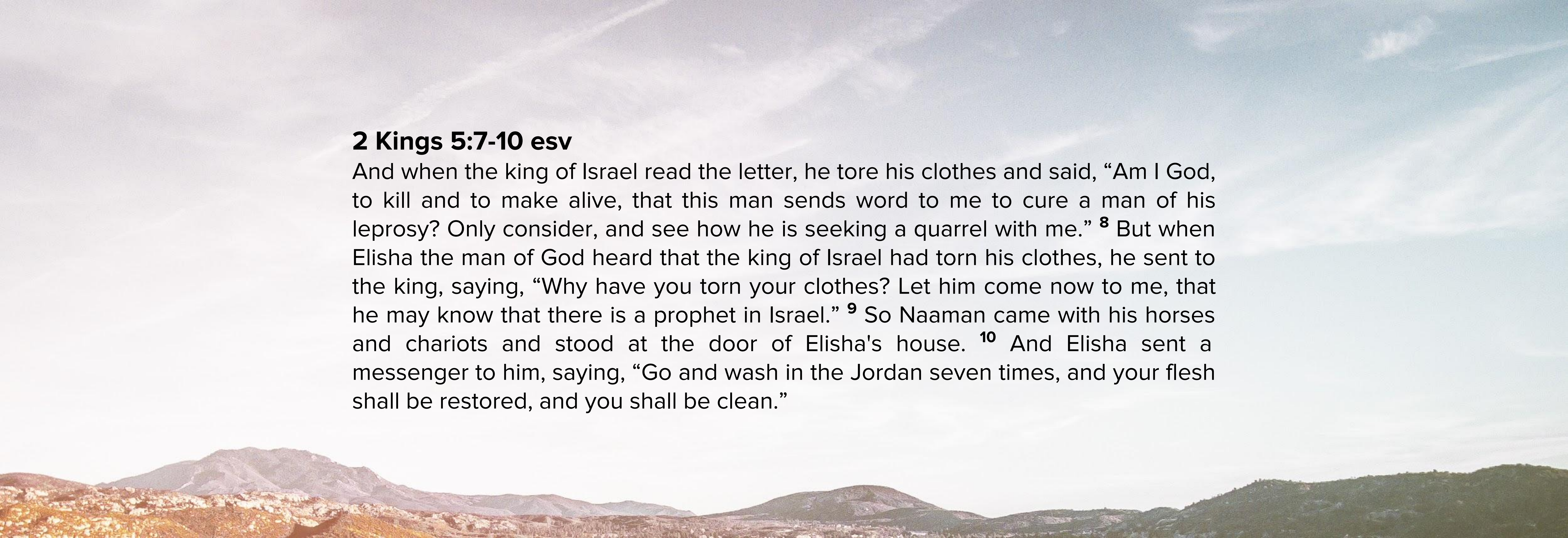
Naaman, commander of the army of the king of Syria, was a great man with his master and in high favor, because by him the Lord had given victory to Syria. He was a mighty man of valor, but he was a leper. ² Now the Syrians on one of their raids had carried off a little girl from the land of Israel, and she worked in the service of Naaman's wife. ³ She said to her mistress, “Would that my lord were with the prophet who is in Samaria! He would cure him of his leprosy.” ⁴ So Naaman went in and told his lord, “Thus and so spoke the girl from the land of Israel.”



2 Kings 5:5-6 esv

And the king of Syria said, “Go now, and I will send a letter to the king of Israel.” So he went, taking with him ten talents of silver, six thousand shekels of gold, and ten changes of clothing. ⁶ And he brought the letter to the king of Israel, which read, “When this letter reaches you, know that I have sent to you Naaman my servant, that you may cure him of his leprosy.”





2 Kings 5:7-10 esv

And when the king of Israel read the letter, he tore his clothes and said, “Am I God, to kill and to make alive, that this man sends word to me to cure a man of his leprosy? Only consider, and see how he is seeking a quarrel with me.” ⁸ But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent to the king, saying, “Why have you torn your clothes? Let him come now to me, that he may know that there is a prophet in Israel.” ⁹ So Naaman came with his horses and chariots and stood at the door of Elisha's house. ¹⁰ And Elisha sent a messenger to him, saying, “Go and wash in the Jordan seven times, and your flesh shall be restored, and you shall be clean.”

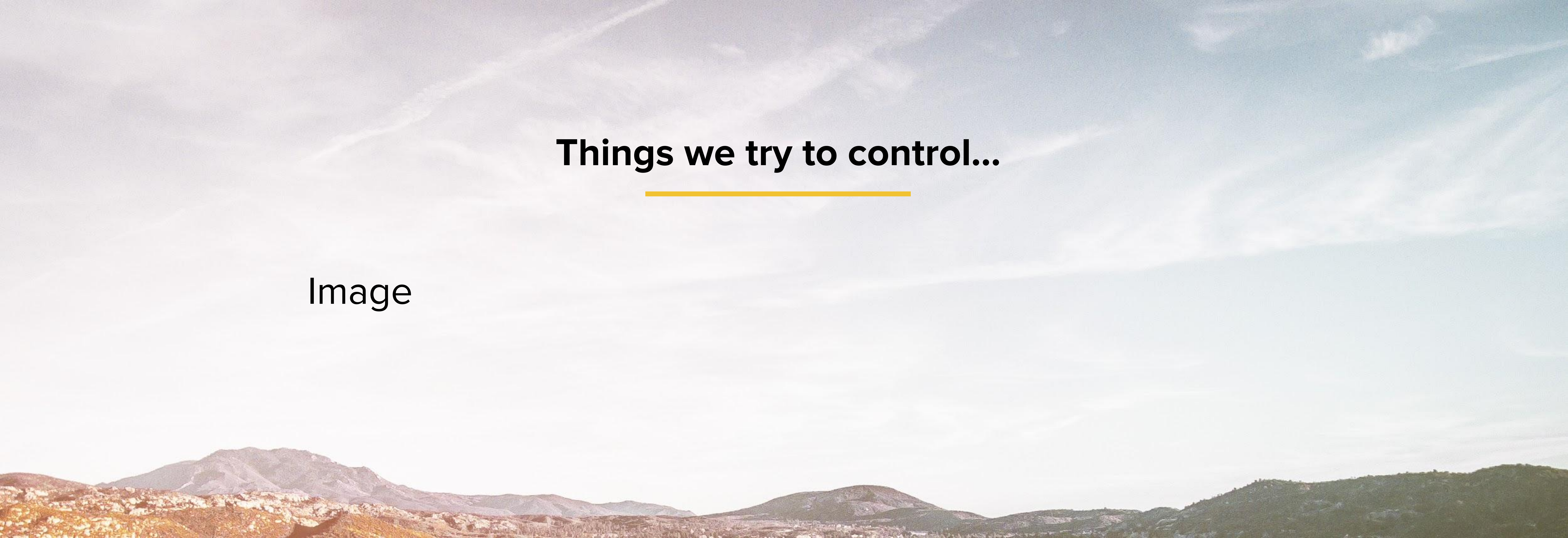


2 Kings 5:11-12 esv

But Naaman was angry and went away, saying, “Behold, I thought that he would surely come out to me and stand and call upon the name of the Lord his God, and wave his hand over the place and cure the leper. ¹² Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them and be clean?” So he turned and went away in a rage.

Things we try to control...

Image



Things we try to control...

Image

People

Things we try to control...

Image

People

Problems

Things we try to control...

Image

People

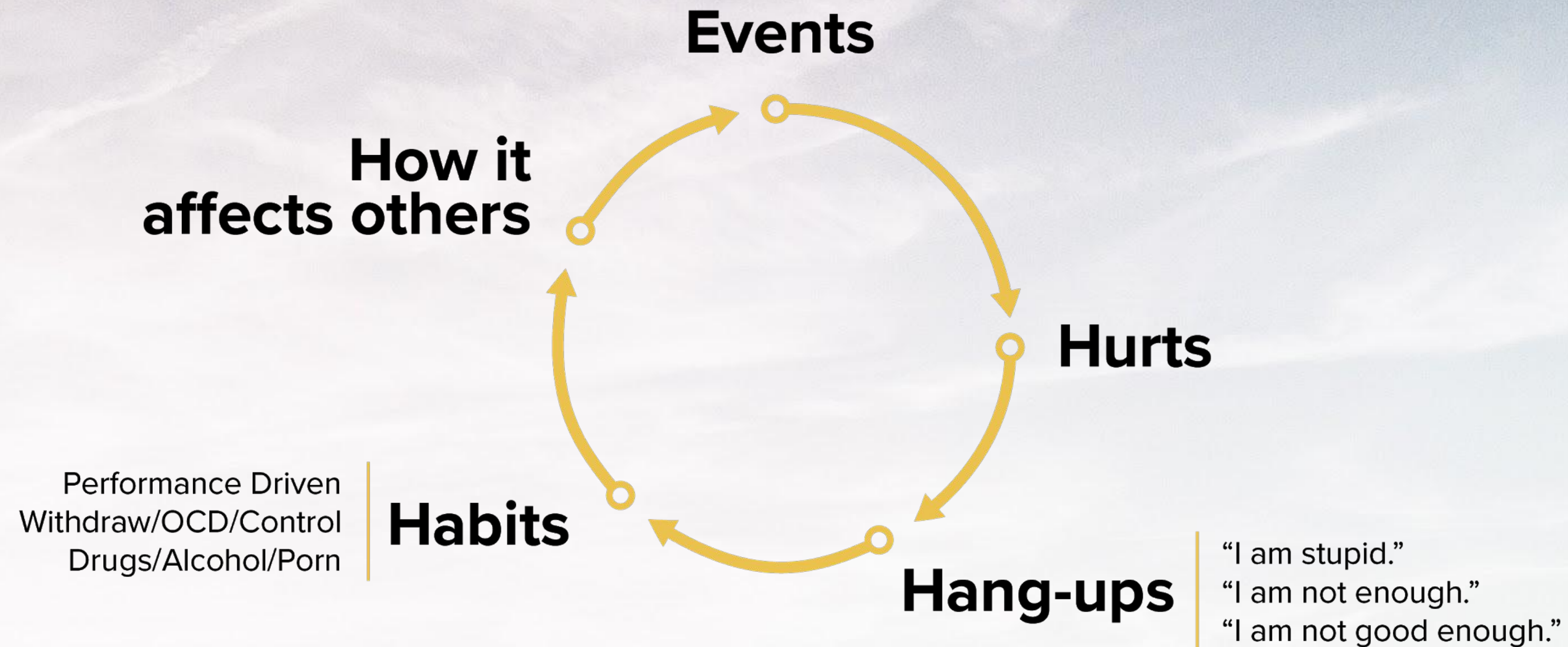
Problems

Pain



Pain

- Behaviors we try to manage
- Thoughts we try to get under control
- Emotions we try to change





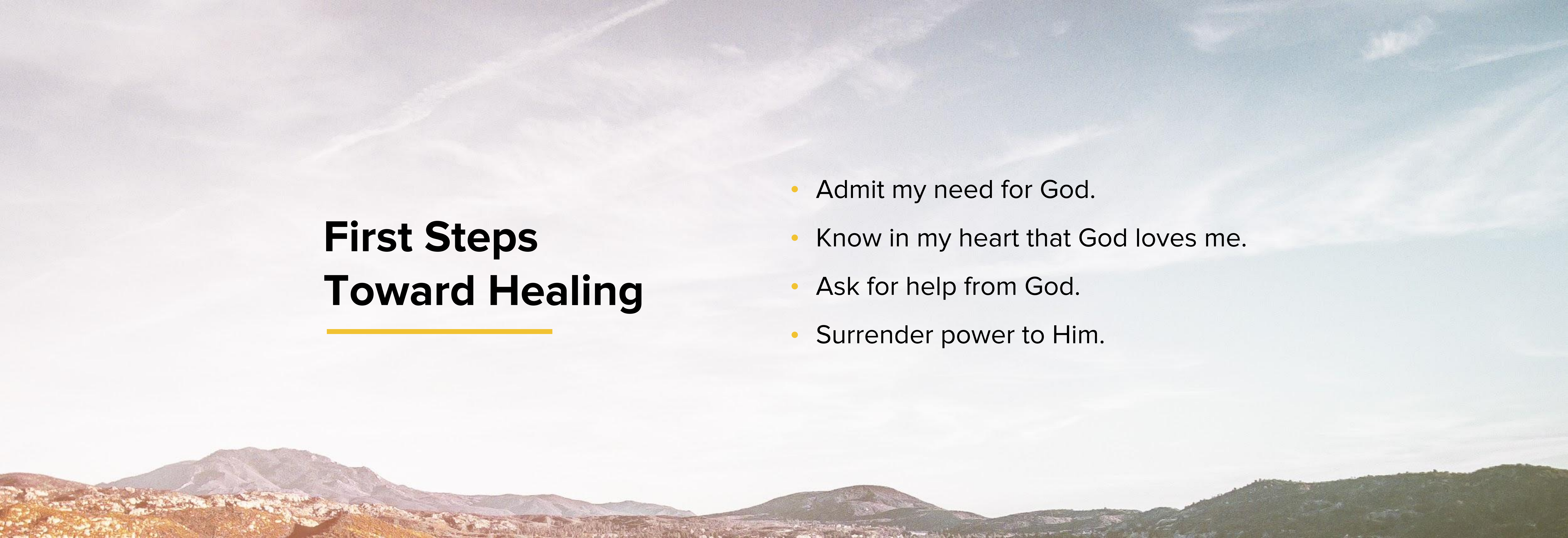
2 Kings 5:13 esv

But his servants came near and said to him, “My father, it is a great word the prophet has spoken to you; will you not do it? Has he actually said to you, ‘Wash, and be clean’?”



2 Kings 5:14 esv

So he went down and dipped himself seven times in the Jordan, according to the word of the man of God, and his flesh was restored like the flesh of a little child, and he was clean.



First Steps Toward Healing

- Admit my need for God.
- Know in my heart that God loves me.
- Ask for help from God.
- Surrender power to Him.