WEEK TEN

Joy for Today

Healthy Relationships

Healthy Relationships

Joy & Happiness

Philippians 4:1 NIV

Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

Philippians 4:1-5 NIV

Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends! ² I plead with Euodia and I plead with Syntyche to be of the same mind in the Lord. ³ Yes, and I ask you, my true companion, help these women since they have contended at my side in the cause of the gospel, along with Clement and the rest of my co-workers, whose names are in the book of life. ⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near.

Philippians 4:1 NIV

Therefore, my brothers and sisters, you whom I love and long for, my joy and crown, stand firm in the Lord in this way, dear friends!

THE WHOLE STORY Salvation

Stand

Walk/Run

Stand



JUSTIFICATION

PHIL 3:1-11

SANCTIFICATION

PHIL 3:12-16

GLORIFICATION

PHIL 3:17-21

Solid Walk with the Lord Healthy Relationships

Philippians 4:2-3 NIV

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Solid Walk with the Lord Healthy Relationships

Philippians 4:5 NIV

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Solid Walk with the Lord
Healthy Relationships

Joy & Happiness

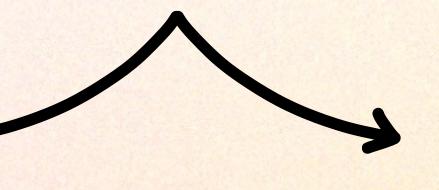
Philippians 4:4 NIV

Rejoice in the Lord always. I will say it again: Rejoice!

Choosing joy is not denying reality, but... seeing a bigger reality as well.

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Seeing the temporal in light of the eternal.



Seeing our pain in light of God's promises.

"Rejoice in the Lord always." God is the most joyful Person in the universe. (Neh. 8:10)

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Real joy is rooted in a Person, not in a circumstance. (Phil 4:4)
Real joy can abide in us as we abide in Christ. (John 15:5)

"Joy does not simply happen to us. We have to choose joy and keep choosing it every day. It is a choice based on the knowledge that we belong to God and have found in God our refuge and our safety and that nothing, not even death, can take God away from us."

- Henri Nouwen

Choose Joy!

This is the day that the Lord has made; let us rejoice and be glad in it.

Psalm 118:24 ESV