



LIFE'S ► HEALING ◀ CHOICES



Step Into the Good Life

The Universal Need for Restoration

Starting Point on the Path to Restoration

The Invitation to Lasting Restoration



Mark 5:21 ^{NIV}

When Jesus had again crossed over by boat to the other side of the lake, a large crowd gathered around him while he was by the lake.



The Universal Need

Mark 5:22-23 NIV

Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. ²³ He pleaded earnestly with him, “My little daughter is dying. Please come and put your hands on her so that she will be healed and live.”



The Universal Need

Mark 5:25-28 NASB

A woman who had had a hemorrhage for twelve years, ²⁶ and had endured much at the hands of many physicians, and had spent all that she had and was not helped at all, but rather had grown worse— ²⁷ after hearing about Jesus, she came up in the crowd behind Him and touched His cloak. ²⁸ For she thought, “If I just touch His garments, I will get well.”



The Universal Need

Mark 5:25-28 NASB

A woman who **had** had a hemorrhage for twelve years, ²⁶ and **had endured** much at the hands of many physicians, and **had spent** all that she had and was **not helped** at all, but rather had **grown worse**—²⁷ after **hearing** about Jesus, she **came** up in the crowd behind Him and touched His cloak. ²⁸ For she thought, “If I just touch His garments, I will get well.”



The Universal Need

Mark 5:24 ^{NIV}

So Jesus went with him. A large crowd followed and pressed around him.



The Universal Need

Jairus the Synagogue Leader

The Woman Suffering for Twelve Years

The Crowds



Anxious
Feeling insignificant
Critical
Greedy
Materialistic
Angry
Bitter
Unforgiving
Judgmental
Controlling
Arrogance
Deceitful
Addicted
Moody
Hidden
Lonely
Hopeless

Feeling insignificant
Feeling purposeless
Cynical
Distracted
Poor self-control
Gossipy
Discontent
Passive
Apathetic
Critical self-talk
Overly concerned about your image
Trying to manage others' opinions of you
Trying to control others
Feeling shame
Ungrateful
Codependent
Unable to do the right thing

Desire the good
Generous
Loving
Engaged
Sacrificial for others
Not controlled by feelings
Healthy self-image
Peaceful
Kind
Patient
Not angry
Free from addiction
Seek the truth
Good listener
Honest
Thankful
Forgiving

Healthy relationships
Self-control
Joy
Connected in community
Hard-working
Persevering
Strong
Experiencing God's fullness
Content
Life-giving to others
Unhurried
Purposeful
Engaged in things that matter
Humble
Courageous
Able to lead
Able to follow



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Starting Point

Mark 5:22-23 NIV

Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. ²³ He pleaded earnestly with him, “My little daughter is dying. Please come and put your hands on her so that she will be healed and live.”



Starting Point

Mark 5:22-23 NIV

Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he **fell at his feet.** ²³ He **pleaded earnestly** with him, “My little daughter is dying. Please come and put your hands on her so that she will be healed and live.”



Starting Point

Mark 5:22-23 NIV

Then one of the synagogue leaders, named Jairus, came, and when he saw Jesus, he fell at his feet. ²³ He pleaded earnestly with him, “My little daughter is dying. Please **come** and **put your hands** on her so that she will be **healed** and **live.**”



Starting Point

Mark 5:24a ^{NIV}

So Jesus went with him.



Starting Point

Mark 5:25-28 NIV

And a woman was there who had been subject to bleeding for twelve years. ²⁶ She had suffered a great deal under the care of many doctors and had spent all she had, yet instead of getting better she grew worse. ²⁷ When she heard about Jesus, she came up behind him in the crowd and touched his cloak, ²⁸ because she thought, “If I just touch his clothes, I will be healed.”



Starting Point

Mark 5:29 NIV

Immediately her bleeding stopped and she felt in her body that she was freed from her suffering.



Starting Point

Mark 5:30-32 NIV

At once Jesus realized that power had gone out from him. He turned around in the crowd and asked, “Who touched my clothes?”

³¹ “You see the people crowding against you,” his disciples answered, “and yet you can ask, ‘Who touched me?’ ”

³² But Jesus kept looking around to see who had done it.



Starting Point

Mark 5:33 NIV

Then the woman, knowing what had happened to her, came and fell at his feet and, trembling with fear, told him the whole truth.



Starting Point

Mark 5:34 ^{NIV}

He said to her, “Daughter, your faith has healed you. Go in peace and be freed from your suffering.”



Starting Point

Mark 5:34 ^{NIV}

He said to her, “Daughter, your faith has **healed** you. Go in peace and be freed from your suffering.”



Jairus	The Woman
Respectable	Disgraceful
Approaches Jesus publicly	Approaches Jesus secretly
Sudden problem	Long-term problem
Incomplete knowledge about Jesus	Incorrect knowledge about Jesus
Falls at Jesus' feet	Falls at Jesus' feet



Principle 1

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.



Principle 2

Earnestly believe that God exists,
that I matter to Him, and that He has
the power to help me recover.



Starting Point

Mark 5:35 NIV

While Jesus was still speaking, some people came from the house of Jairus, the synagogue leader. “Your daughter is dead,” they said. “Why bother the teacher anymore?”



Starting Point

Mark 5:40b-42 NIV

After he put them all out, he took the child's father and mother and the disciples who were with him, and went in where the child was. ⁴¹ He took her by the hand and said to her, "Talitha koum!" (which means "Little girl, I say to you, get up!"). ⁴² Immediately the girl stood up and began to walk around (she was twelve years old). At this they were completely astonished.



Starting Point

The Crowds Pressing In

The Disciples

Jairus' Family



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The Invitation

Mark 5:24a, 32, 40b-41a ^{NIV}

So Jesus went with him.

³² But Jesus kept looking around to see who had done it.

⁴⁰ ...and went in where the child was. ⁴¹ He took her by the hand and said to her...



The Invitation

Mark 5:36 ^{NIV}

Overhearing what they said, Jesus told him,
“Don’t be afraid; just believe.”



The Invitation

Mark 5:27-29, 40-41 ^{NIV}

When she heard about Jesus, she came up behind him in the crowd and **touched** his cloak, ²⁸ because she thought, “If I just **touch** his clothes, I will be healed.” ²⁹ Immediately her bleeding stopped and she felt in her body that she was freed from her suffering.

⁴⁰ After he put them all out, he took the child’s father and mother and the disciples who were with him, and went in where the child was. ⁴¹ He **took her by the hand** and said to her, “Talitha koum!” (which means “Little girl, I say to you, get up!”).



The Invitation

Mark 5:29, 42 NIV

Immediately her bleeding stopped and she felt in her body that she was freed from her suffering.

⁴² Immediately the girl stood up and began to walk around (she was twelve years old). At this they were completely astonished.



The Invitation

Jairus

The Woman

Jairus' Family

The Crowds

The Disciples



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The Invitation

Mark 5:34 ^{NIV}

He said to her, “Daughter, your faith has healed you. **Go** in peace and **be freed** from your suffering.”



CELEBRATE
+ RECOVERY +

I'M ON THE
ROAD TO
RECOVERY