

8 PRINCIPLES OF Celebrate recovery Based on the Beatitudes: Matthew 5



LEADER

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

PEOPLE

Happy are those w Matthew 5:3

Happy are those who know that they are spiritually poor.

LEADER

PEOPLE

Matthew 5:4

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover.

Happy are those who mourn, for they shall be comforted.



LEADER

care and control.

PEOPLE

Happy are the meek. Matthew 5:5

Consciously choose to commit all my life and will to Christ's

LEADER

Openly examine and confess my faults to myself, to God, and to someone I trust.

PEOPLE

Happy are the pure in heart. Matthew 5:8



LEADER

PEOPLE

Matthew 5:6

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.

Happy are those whose greatest desire is to do what God requires.

LEADER

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

PEOPLE

Happy are the merciful. Matthew 5:7 Happy are the peacemakers. Matthew 5:9

LEADER

Reserve a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.

LEADER

PEOPLE

God requires. Matthew 5:10

Yield myself to God to be used to bring this Good News to others, both by my example and my words.

Happy are those who are persecuted because they do what





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Forgiven people, forgive people.



10TH ANNIVERSARY EDITION

FOREWORD BY RICK WARREN

Life's Healing CHOICES

DOM FROM YOUR HURTS. HANG-UPS, AND HABITS



John Baker



"Making amends is always about getting our hearts right before our heavenly Father. We ask forgiveness of others for what we have done and seek to forgive others for what they have done to us."

- JOHN BAKER, LIFE'S HEALING CHOICES





2 Corinthians 7:10 NIV Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death.





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Repair by offering forgiveness.

Repair by making amends.



Repair by offering forgiveness



Ephesians 4:31-32 NIV

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. ³² Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.





Repairing by offering forgiveness. EPHESIANS 4:31-32 NIV

Get rid of...

Rage Anger Malice Slander Brawling Bitterness

Unforgiveness toward others

Lack of understanding and acceptance of God's forgiveness



Kind

Compassionate

Forgiveness toward others

God's forgiveness through Christ





Because God has forgiven you. Because resentment doesn't work. Because you will need forgiveness in the future.







Colossians 3:13 NIV

Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.





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How to forgive?



Reveal your hurt. Release the offender. Replace your hurt with God's peace.





"Forgiveness is not pretending like it didn't happen or didn't hurt. That's lying. Forgiveness is the decision to release a debt regardless of how you feel."

TONY EVANS





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Romans 12:18 NIV everyone.

If it is possible, as far as it depends on you, live at peace with





Why make amends?



Matthew 5:23-24 NIV "Therefore, if you are offering your gift at the altar and there remember that your brother or sister has something against you, ²⁴ leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift."



How to make amends



- 1. Make a List:
- 2. Ask a Question:
- **3. Refocus your life.**

Identify those you have harmed and what you did. How would you like someone to make amends with you?



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Appropriateness: There will be some situations when contacting the one you've hurt would be unwise. Remember the qualifier Choice 6: "except when to do so would harm them or others."





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These are your Next Steps **CELEBRATERECOVERY** IN THE FOYER | BOOTH E

- 4. Joining a Community Group

1. Attending CR on Friday nights at 7pm For adults AND kids/students

2. Reading Life's Healing Choices

3. Signing up for a CR Step Study

