

A Study of
Ephesians



Ephesians 1-3

Doctrine
Theology
Creed

Ephesians 4-6

Duty
Practice
Conduct



Ephesians 4:1 NIV

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.



Ephesians 4:1 NIV

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received.

Ephesians 4:1 KJV

I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called.



**We are called to live
worthy of Christ.**



Four Marks of a “Life Lived Worthy”

Humility 4:2

Unity 4:3-6

Diversity 4:7-12

Maturity 4:13-16



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:2 ^{NIV}

Be completely humble and gentle; be patient, bearing with one another in love.



“If anyone would like to acquire humility, I can, I think tell him the first step. The first step is to realize that one is proud. And a biggish step, too. At least, nothing whatever can be done before it. If you think you are not conceited, it means you are very conceited indeed.”

- C.S. Lewis, *Mere Christianity*



“At every stage of our Christian development and in every sphere of our Christian discipleship, pride is the greatest enemy and humility our greatest friend.”

- John Stott



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:2 ^{NIV}

Be completely humble and gentle; be patient, bearing with one another in love.



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:3-6 NIV

Make every effort to keep the unity of the Spirit through the bond of peace. ⁴ There is one body and one Spirit, just as you were called to one hope when you were called; ⁵ one Lord, one faith, one baptism; ⁶ one God and Father of all, who is over all and through all and in all.



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:3-6 ^{NIV}

Make every effort to keep the unity of the Spirit through the bond of peace. ⁴ There is **one** body and **one** Spirit, just as you were called to **one** hope when you were called; ⁵ **one** Lord, **one** faith, **one** baptism; ⁶ **one** God and Father of **all**, who is over **all** and through **all** and in **all**.



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:7; 11-12 ^{NIV}

⁷ But to each one of us grace has been given as Christ apportioned it.

¹¹ So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, ¹² to equip his people for works of service, so that the body of Christ may be built up...



1 Corinthians 12:7 ^{NIV}

Now to each one the manifestation of the Spirit is given for the common good.

Spiritual Gifts Assessment

fellowshipprogers.org/spiritualgifts



Ephesians 4:8-10 NIV

This is why it says: “When he ascended on high, he took many captives and gave gifts to his people.”

⁹ (What does “he ascended” mean except that he also descended to the lower, earthly regions? ¹⁰ He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.)



Live Worthy

Humility

Unity

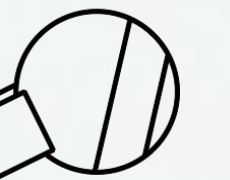
Diversity

Maturity

Ephesians 4:13-14 ^{NIV}

...until we all reach unity in the faith and in the knowledge of the Son of God and become **mature**, attaining to the whole measure of the fullness of Christ.

¹⁴ Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming.



Live Worthy

Humility

Unity

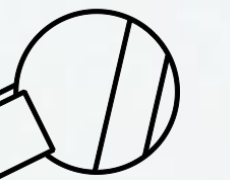
Diversity

Maturity

Ephesians 4:13-14 ^{NIV}

...until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

¹⁴ **Then we will no longer be infants**, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming.



Live Worthy

Humility

Unity

Diversity

Maturity

Ephesians 4:15-16 ^{NIV}

Instead, speaking the truth in love, we will grow to become in every respect the **mature body** of him who is the head, that is, Christ. ¹⁶ From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.



**We are called to live
worthy of Christ.**



Four Marks of a “Life Lived Worthy”

Humility

Unity

Diversity (spiritual gifts)

Maturity

