



Lent: His Arrest

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Live as One

What is something you were scared of as a child? What did you do when you were afraid?

Live by the Word

Read [Luke 22:39-53](#).

We see the humanity of Jesus in this passage as He was “in anguish.” What did Jesus do with His painful emotions here, and how did God respond?

Jesus went to the Mount of Olives “as usual.” Why do you think it was important for Jesus to have a regular rhythm of going to this place?

When the guards came to arrest Jesus, His disciple reacted by fighting and protecting Jesus. What do you think motivated and enabled Jesus to lay down His self-protection here?

How can we follow Jesus’ example of how we respond to our pain and fear? How does God’s sovereignty, compassion, and strength impact how we can respond to difficult situations and emotions?

Live as SENT

Who do you know that is in a painful situation currently? How can you respond to their pain with compassion, strength, and comfort the way the Father responded to Jesus?

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Sunday [Luke 22:39-53](#)

Monday [Matthew 26:36-46;](#)
[Psalm 51:9-19; Proverbs 8:31-33](#)

Tuesday [Matthew 26:47-56;](#)
[Psalm 52:1-3; Proverbs 8:34-36](#)

Wednesday [Mark 14:32-42;](#)
[Psalm 52:4-9; Proverbs 9:1-3](#)

Thursday [Mark 14:43-52;](#)
[Psalm 53; Proverbs 9:4-6](#)

Friday [John 18:1-12;](#)
[Psalm 54; Proverbs 9:7-9](#)

Saturday [Luke 22:54-65;](#)
[Psalm 55:1-6; Proverbs 9:10-12](#)