

*celebrate* ***recovery***





**Events**

**How it  
affects others**

**Hurts**

**Hang-ups**

**Habits**

Performance Driven  
Withdraw/OCD/Control  
Drugs/Alcohol/Porn

"I am stupid."  
"I am not enough."  
"I am not good enough."





***Can I live a life of freedom from bondage?***

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# R E C O V E R

## Principle 7

**Reserve** a daily time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will.



R E C O V E R Y

## Principle 8

Yield myself to God to be used to bring this Good News to others, both by my example and my words.



# R E C O V E R

## Principle 7

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# 1 Samuel 20 - 2 Samuel 8

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## **2 Samuel 9:1-4 niv**

David asked, “Is there anyone still left in the house of Saul to whom I can show kindness for Jonathan’s sake?” <sup>2</sup> Now there was a servant of Saul’s household named Ziba. They called him to appear before David, and the king said to him, “Are you Ziba?” “Your servant,” he replied. <sup>3</sup> The king asked, “Is there no one still left of the house of Saul to whom I can show God’s kindness?” Ziba answered the king, “There is still a son of Jonathan; he is crippled in both feet.” <sup>4</sup> “Where is he?” the king asked. Ziba answered, “He is at the house of Makir son of Ammiel in Lo Debar.”





## **2 Samuel 4:4 niv**

(Jonathan son of Saul had a son who was lame in both feet. He was five years old when the news about Saul and Jonathan came from Jezreel. His nurse picked him up and fled, but as she hurried to leave, he fell and became crippled. His name was Mephibosheth.)



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## **2 Samuel 9:5-8 niv**

So King David had him brought from Lo Debar, from the house of Makir son of Ammiel. <sup>6</sup> When Mephibosheth son of Jonathan, the son of Saul, came to David, he bowed down to pay him honor. David said, “Mephibosheth!” “Your servant,” he replied. <sup>7</sup> “Don’t be afraid,” David said to him, “for I will surely show you kindness for the sake of your father Jonathan. I will restore to you all the land that belonged to your grandfather Saul, and you will always eat at my table.” <sup>8</sup> Mephibosheth bowed down and said, “What is your servant, that you should notice a dead dog like me?”



## **2 Samuel 9:9-10, 13 niv**

Then the king summoned Ziba, Saul's servant, and said to him, "I have given your master's grandson everything that belonged to Saul and his family. <sup>10</sup> You and your sons and your servants are to farm the land for him and bring in the crops, so that your master's grandson may be provided for. And Mephibosheth, grandson of your master, will always eat at my table..." <sup>13</sup> And Mephibosheth lived in Jerusalem, because he always ate at the king's table, and he was crippled in both feet.





## **2 Corinthians 5:17 niv**

Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!

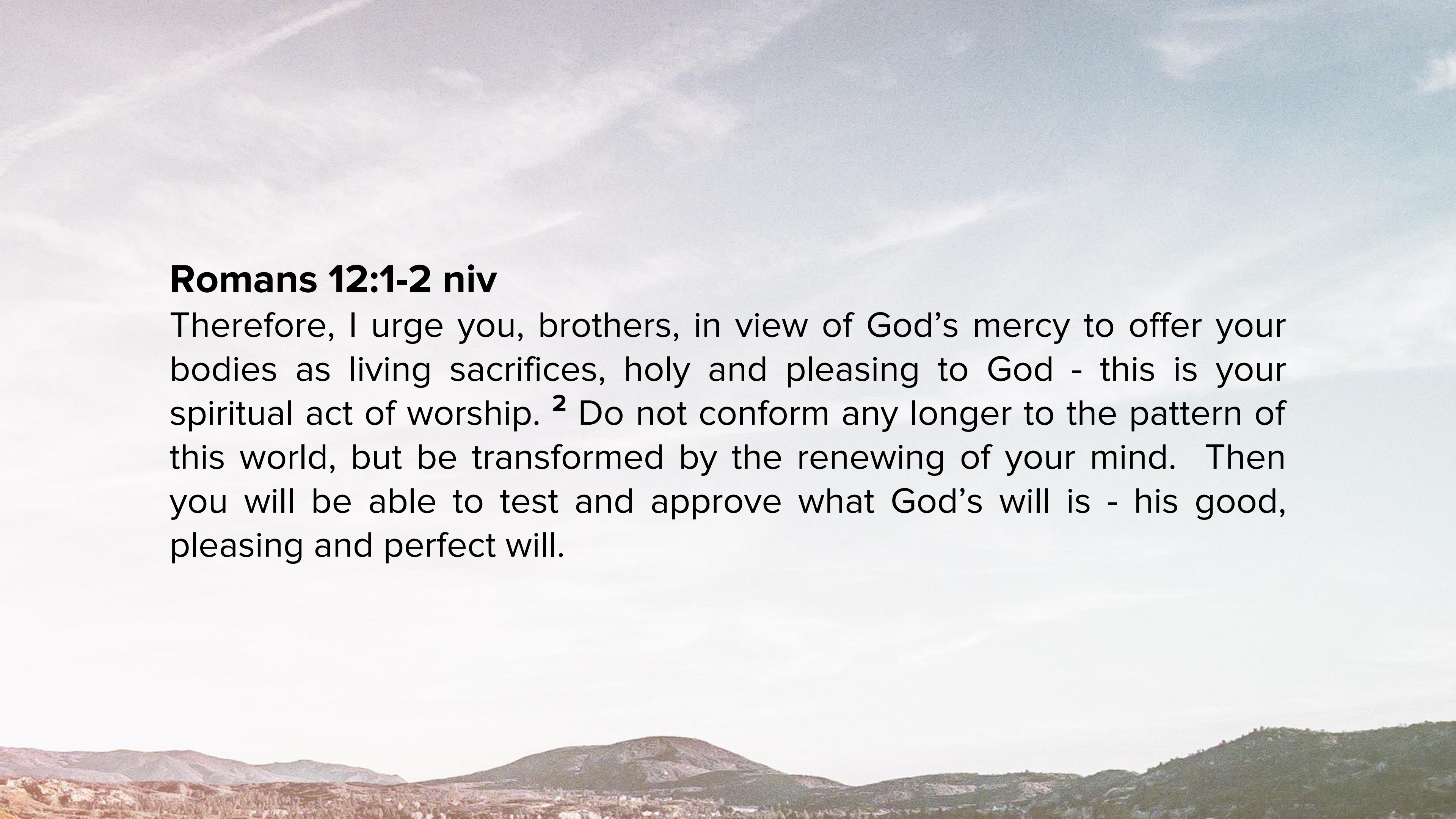




## **Galatians 2:20 niv**

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me.





## **Romans 12:1-2 niv**

Therefore, I urge you, brothers, in view of God's mercy to offer your bodies as living sacrifices, holy and pleasing to God - this is your spiritual act of worship. <sup>2</sup> Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - his good, pleasing and perfect will.







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**Events**

**Healthy connection  
with others**

**Confronting our  
hurts with God's  
help & others**

**New healthy  
practices**

**Embracing truths**





A landscape photograph showing a range of mountains under a vast, cloudy sky. The mountains in the foreground are covered in green vegetation, while the peaks in the distance are hazy and appear to have some snow or light-colored rock. The sky is filled with soft, white clouds, creating a serene and expansive atmosphere.

**A life of freedom flows from  
living out our true identity.**

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