

# MARCH PARENT HOME PAGE

## God Cares for Me

*Information is provided through Gospel Light's Baby Beginnings*

Do these activities with your child to continue the learning your child has experienced at church.

### DO IT!



#### God Cares for Me

God cares for me.

When I sleep.

God cares for me

When I play.

God cares for me

All the time,

Every night and

Every day.



### MUSIC

#### SING IT!

#### God Cares for You

(London Bridge)

*Adapted*

The Bible says God cares for you,

Cares for you, cares for you.

The Bible says God cares for you.

God cares for you.

### TELL IT!

#### Jesus Told About God's Care

(Use a children's Bible)

"Look all the pretty flowers,"

Jesus said.

"God made them grow.

He makes red, yellow, and white flowers.

God made these flowers,

And He cares for them,

God made you.

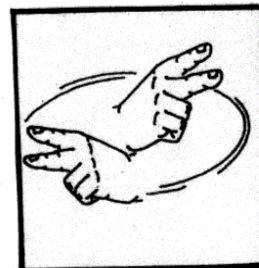
God loves you and cares for you, too.

God loves you even more than flowers,"

(See Matthew 6:28-32)



**God**



**Cares for me**

**I Peter 5:7**

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## God Cares for Me

### YOUR CHILD IS LEARNING

This month your child is learning that God made them and that God loves them. They will do activities that demonstrate affection. Your interaction with your child will help them learn that you love them.

### QUESTIONS & ANSWERS

Q: My child has begun crying when I leave her. I feel awful! What can I do?

- A. When your child cries at separation time, first remember that it is a normal part of growth to know and to prefer one's parents! Recognize and accept both your own feelings of anxiety as well as those of your child. If you communicate comfort by your calm voice and relaxed body posture, your baby will likely "pick up" on these cues and calm down also. However, if your child still has a difficult time calming down, try:
- Staying awhile, then leaving for a few minutes and returning. Over a period of weeks, increase the length of your absences until both you and your child become more comfortable.
  - Providing a "comfort object" (a familiar blanket, toy, or pacifier) and creating a separation routine. Give the "comfort object" to your child and always say the same "good-bye" words. Try words such as, "I know you are sad. We will come back." or "It's hard to be away from you but we will be back. Then we will give you a big hug!" By establishing a separation routine, your child will begin to understand what's coming next and will likely react with more calmness.

### Block Road

**Collect:** Blocks, Toy cars

**Do:** Outline a road with the blocks.

**Say:** Let's drive these cars on the road. Where should the cars go? I think they are going to church. God cares for you at church. God cares for you all the time!

### Active Play

#### Walking, Walking, Stop!

**Do:** Walk with a child, holding his or her hand. While you are walking, say the following rhyme. When you say, "Stop!" help the child freeze in place with you. Then say the rhyme again, repeating the activity several times.

**We're walking, walking, walking.**

**We're walking around our room.**

**We're walking, walking, walking,**

**But now we STOP!**

With a child who is able to walk well, vary the activity with other motions; marching, swimming arms, flying arms.

**Say:** Evan, let's go for a fun walk together! Listen and do what I say.

I'm glad to see you're having fun, Evan,. God cares for you

### This Month you will help your child:

- Learn that God cares for us.
- Respond to demonstrations of affection.