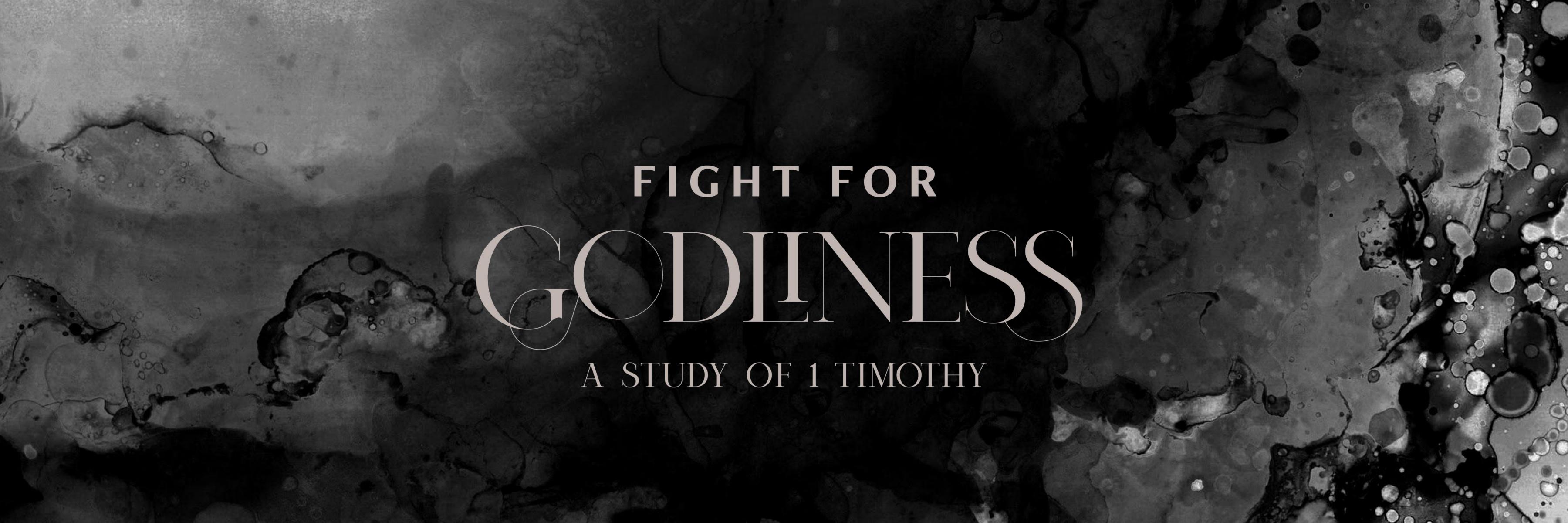


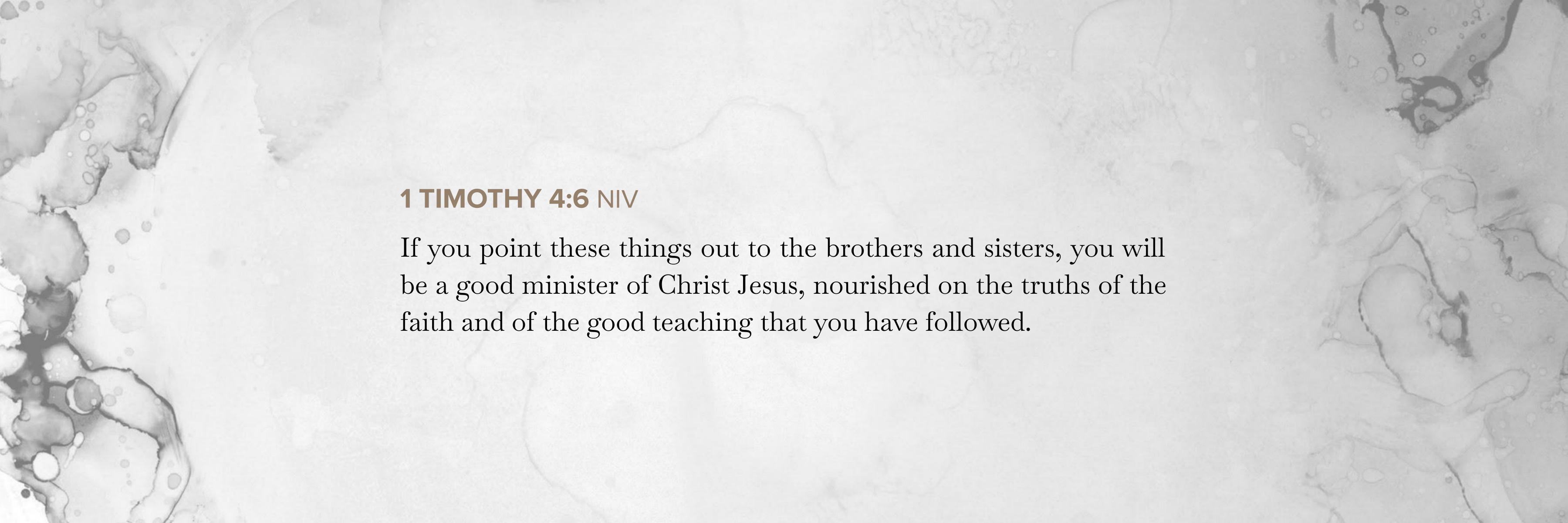


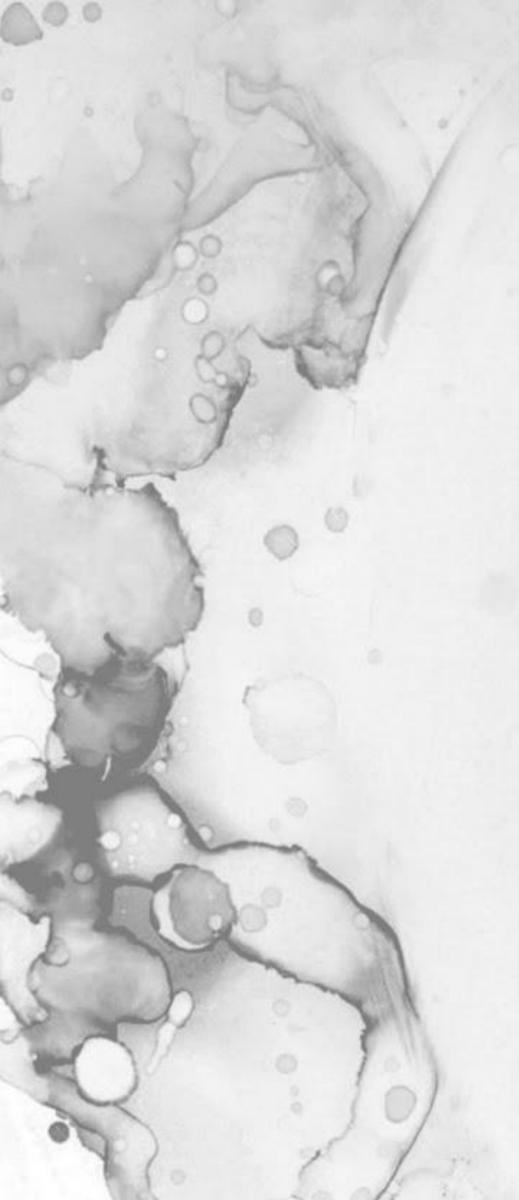
Crossover Global Dinner

October 26 | 6:30 pm | Mermaids

To join, contact Amy Hill at amhill@fellowshipnwa.org







1 TIMOTHY 3:16 NIV

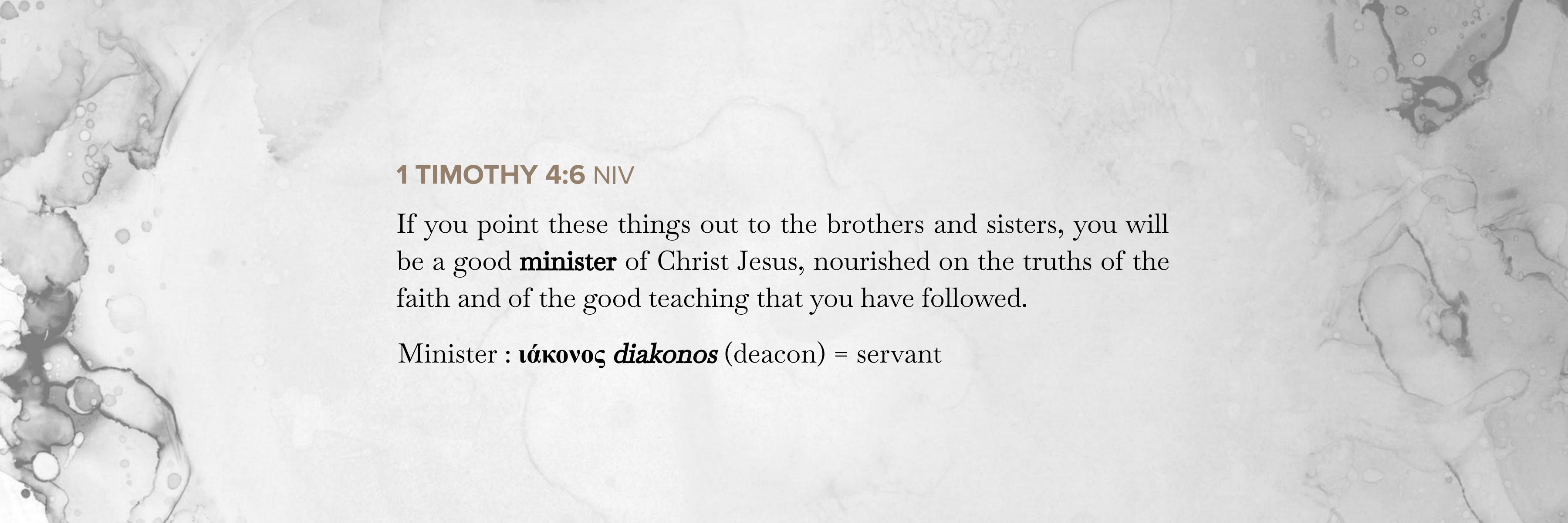
Beyond all question, the mystery from which true godliness springs is great:

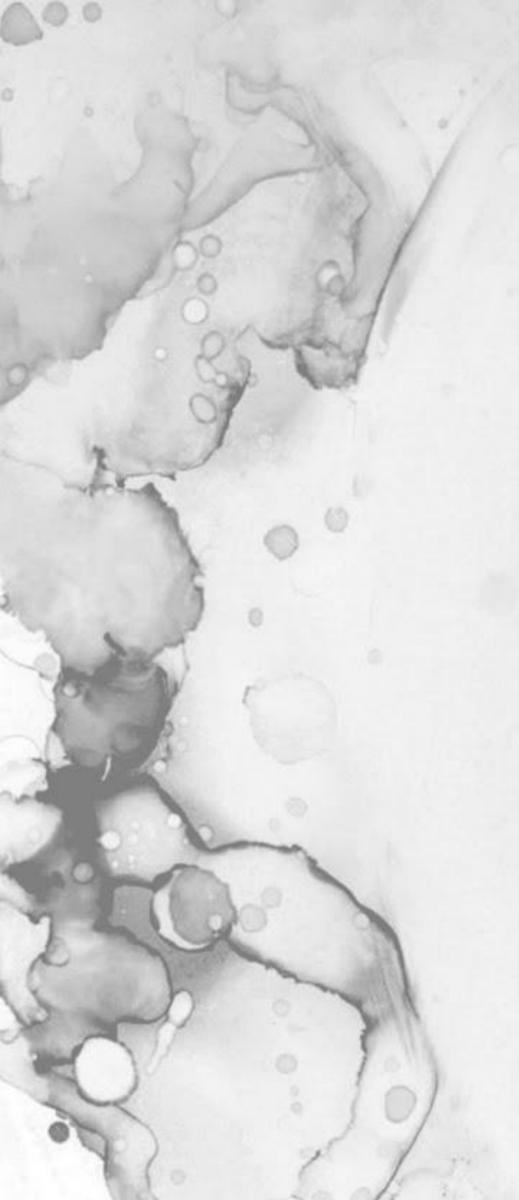
He appeared in the flesh,
was vindicated by the Spirit,
was seen by angels,
was preached among the nations,
was believed on in the world,
was taken up in glory.

Coming of Jesus

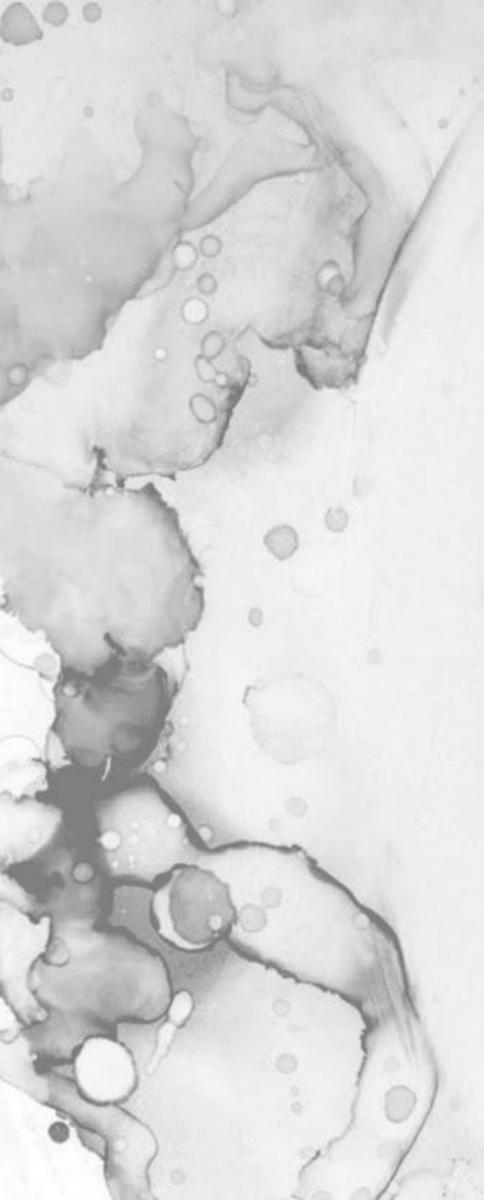
Proclamation of Jesus

Victory of Jesus





A servant minister of Messiah Jesus pursues spiritual health.



1 TIMOTHY 4:6-7 NIV

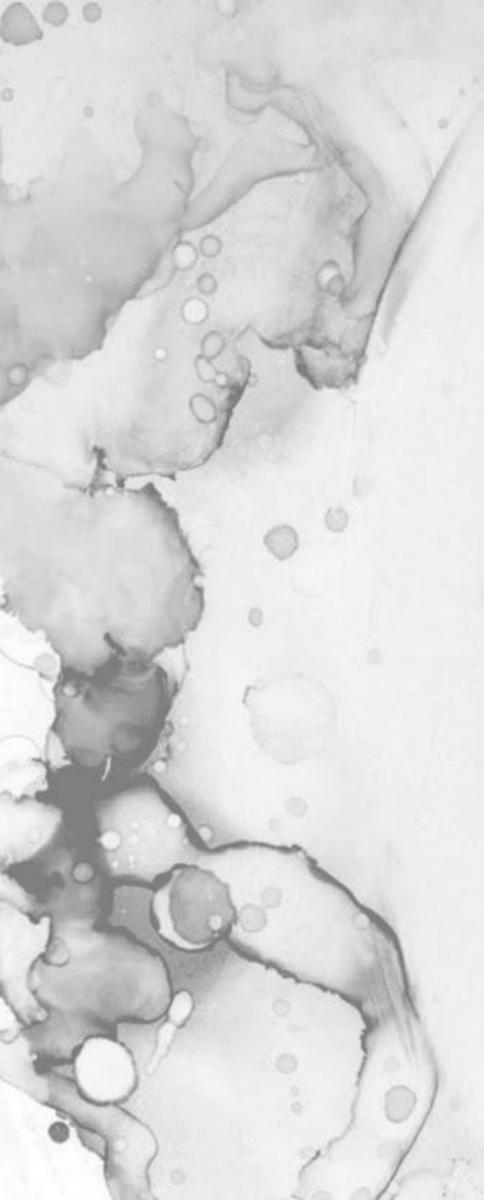
If you point these things out to the brothers and sisters, you will be a good minister of Christ Jesus, **nourished** on the truths of the faith and of the good teaching that you have followed. ⁷ Have nothing to do with godless myths and old wives' tales; rather, **train yourself** to be godly.

SPIRITUAL HEALTH

Training

Diet

Exercise



1 TIMOTHY 4:8-9 NIV

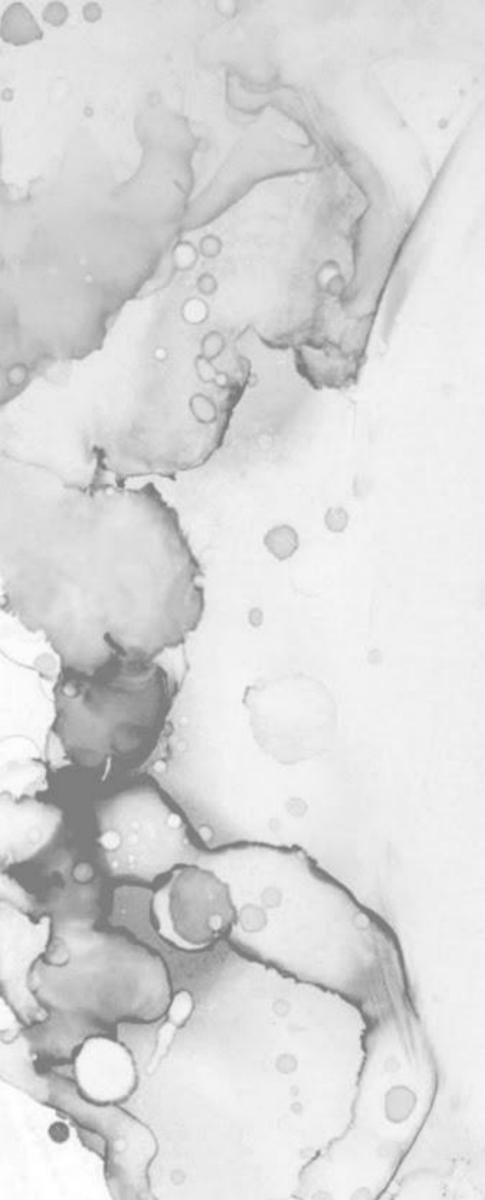
For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. ⁹ This is a trustworthy saying that deserves full acceptance.

SPIRITUAL HEALTH

Training

Diet

Exercise



1 TIMOTHY 4:10-11 NIV

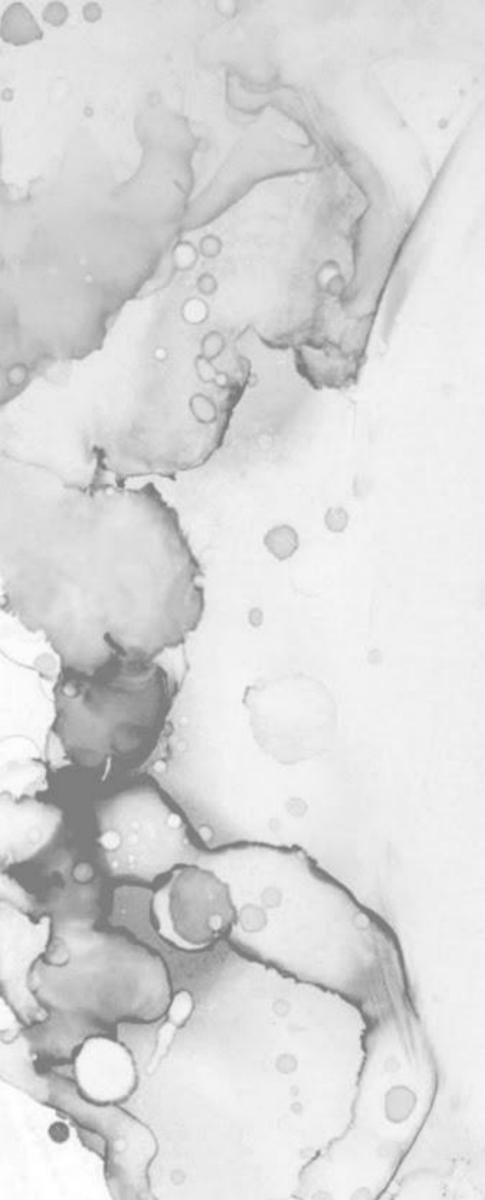
That is why we labor and strive, because we have put our hope in the living God, who is the Savior of all people, and especially of those who believe. ¹¹ Command and teach these things.

SPIRITUAL HEALTH

Training

Diet

Exercise



1 TIMOTHY 4:12 NIV

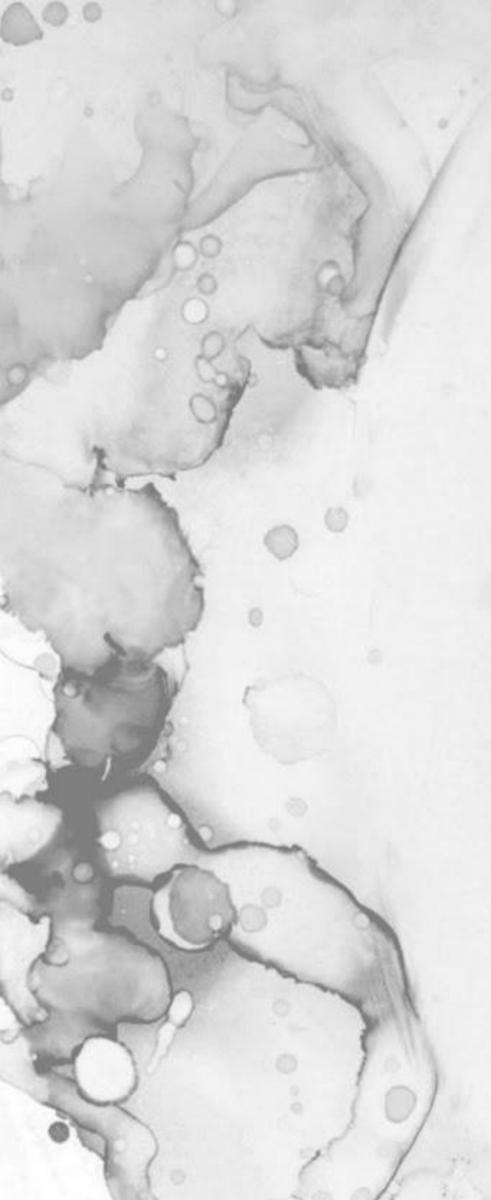
Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.

SPIRITUAL HEALTH

Lifestyle

External

Internal



1 TIMOTHY 4:12 NIV

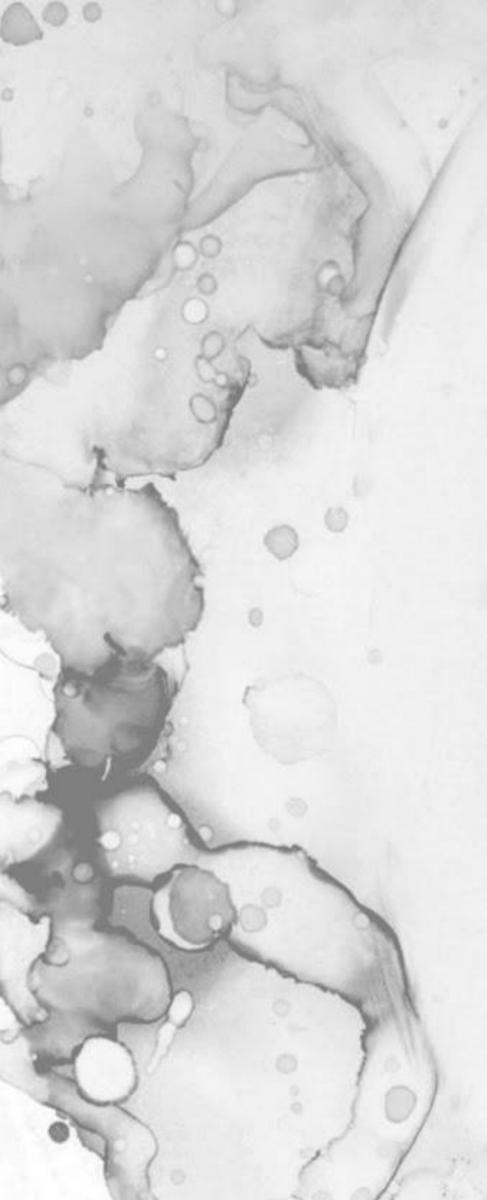
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SPIRITUAL HEALTH

Conduct

External

Internal



1 TIMOTHY 4:12 NIV

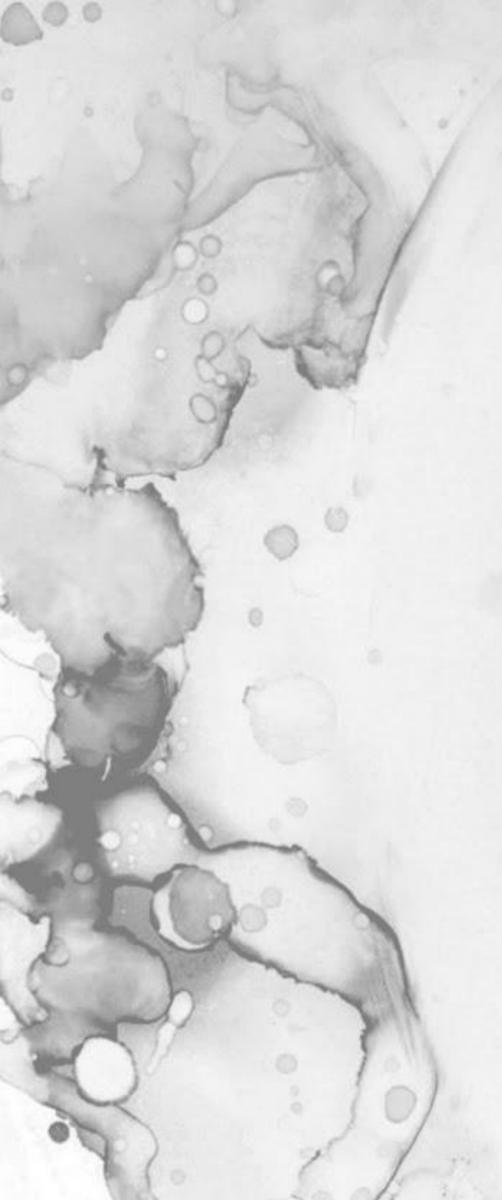
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SPIRITUAL HEALTH

Lifestyle

External

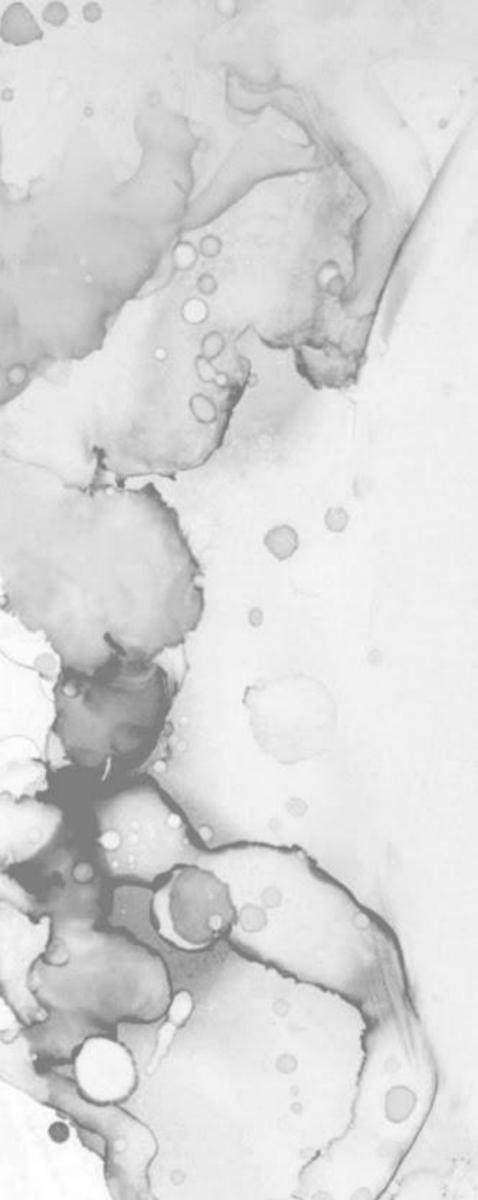
Internal



1 TIMOTHY 4:13 NIV

Until I come, devote yourself to the public reading of Scripture, to preaching and to teaching.

SPIRITUAL HEALTH

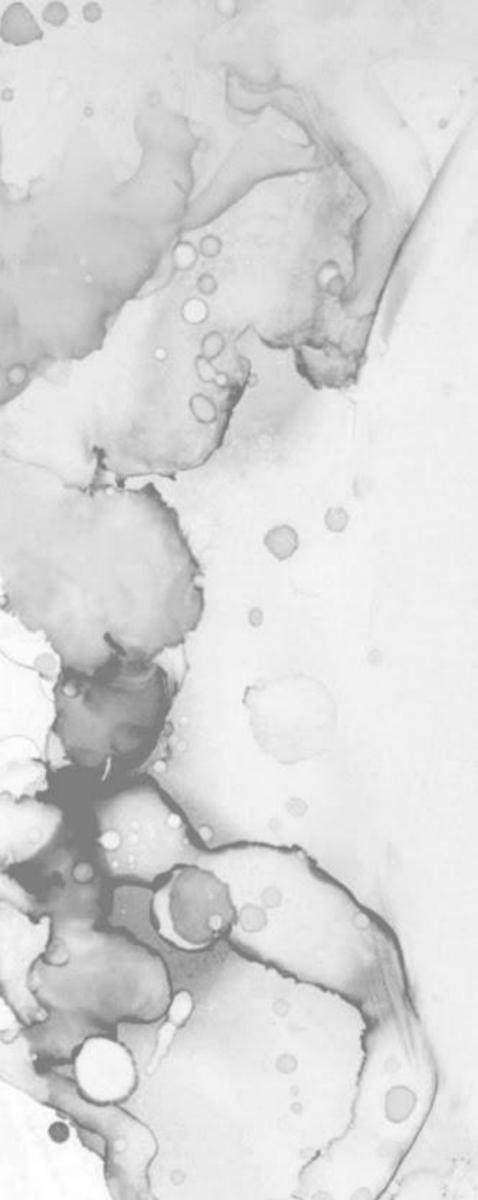


1 TIMOTHY 4:14-15 NIV

Do not neglect **your gift**, which was given you through prophecy when the body of elders laid their hands on you.

¹⁵ Be diligent in these matters; give yourself wholly to them, so that everyone may see your progress.

SPIRITUAL HEALTH

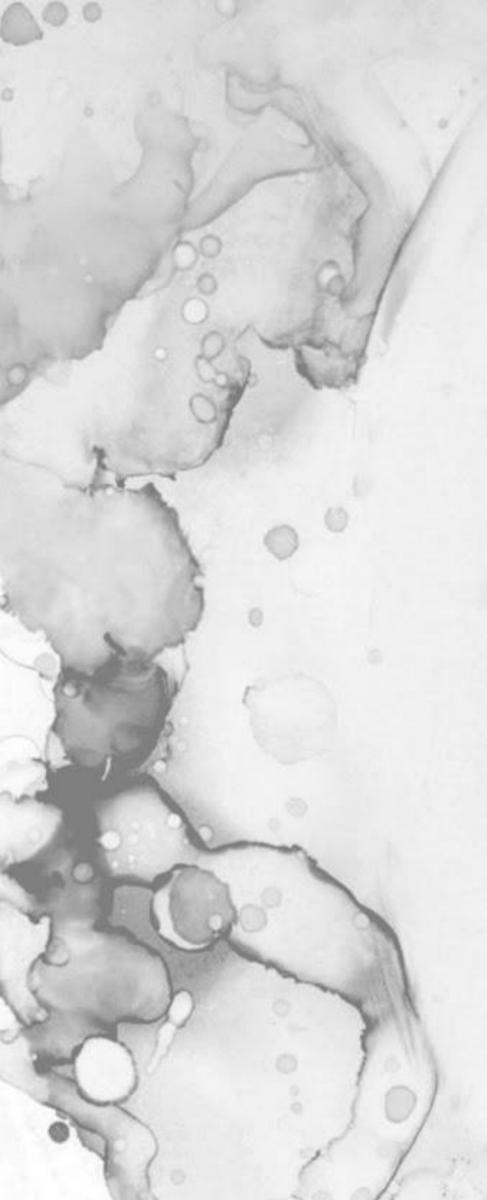


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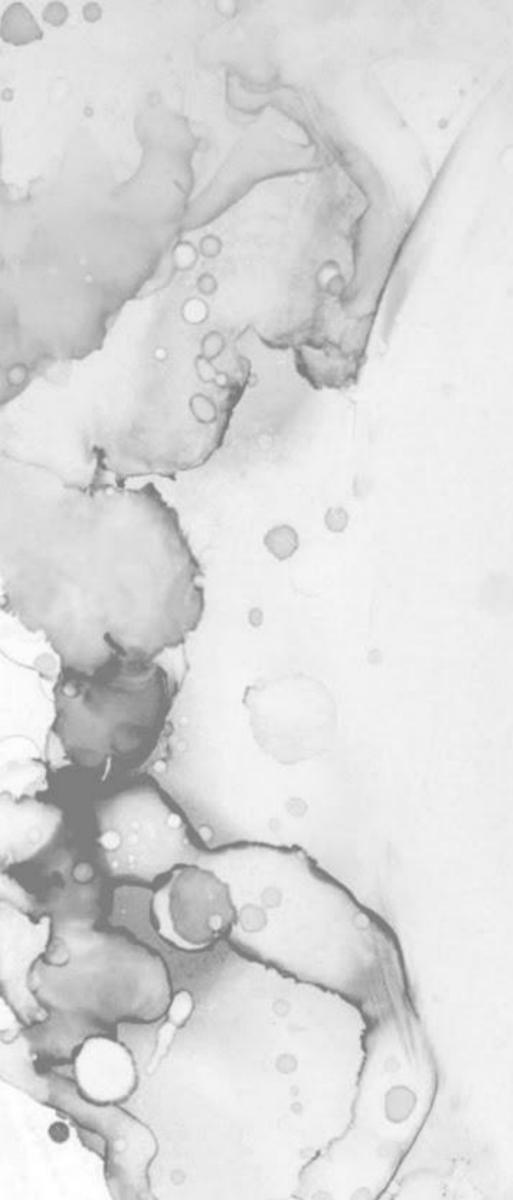
SPIRITUAL HEALTH



1 TIMOTHY 4:16 NIV

Watch your **life and doctrine** closely. Persevere in them, because if you do, you will save both yourself and your hearers.

SPIRITUAL HEALTH



A servant minister of Messiah Jesus pursues spiritual health.